



U3A Hawthorn Inc.

Reg. No. A0010798X ABN 41 360 939 238

Patron: Professor Linda Kristjanson
Vice Chancellor, Swinburne University

26 Sinclair Avenue, Glen Iris, 3146

Telephone: (03) 9821 0282

E-mail: mail@u3ahawthorn.org.au

Website: www.u3ahawthorn.org.au

Walking Groups

To complete your enrolment in this course please sign this form and hand it to the group leader(s) before taking part in the activity.

ACKNOWLEDGEMENT OF RISKS

- 18OUT001 Shorter Walks on Wednesday - Garry Warne
- 18OUT002 Metro walks - Short Walks on Tuesday – Lorraine Doyle
- 18OUT003 Monday Weekly Walk and talk – Janet Gromer & Elisa Lando
- 18OUT004 Moderate Walking Group – Bruce Gooley

In voluntarily participating in this activity, I am aware that my participation may expose me to risk that could lead to injury or loss or damage to property.

To minimise risk, I will endeavour to ensure that:

- This activity is within my capabilities; and
- I will carry food, water and equipment appropriate to the activity; and
- I will advise the Course Leader if I am taking medication or have any physical or other limitation that might affect my participation in the activity.

I will make every effort to remain with the rest of the party during the activity and will accept instructions from the Leader.

I have read and understood these requirements. I have considered the risks before choosing to sign this Acknowledgement of Risk. I still wish to join this activity.

I accept that in signing this form I will take responsibility for my own actions.

Name: (Please print)

Signed: Date: