



RAndomised trial to imProve the quality of lIfe of people with Dementia plus their carers (RAPID-plus trial)



The Melbourne University Academic Unit for Psychiatry of Old Age (AUPOA) is looking for volunteers to join the RAPID-plus trial, a study testing a new approach to treating depressive symptoms in people with Alzheimer's Disease and their carers.

This six-month study aims to test a novel intervention designed to improve the mood and quality of life of people with memory concerns and those who care for them. The intervention is called 'cognitive bias modification' or CBM. CBM is an easy to use computer-based intervention that aims to break the vicious cycle of negative thoughts contributing to negative feelings.

People who answer 'yes' to the following may be eligible to join the RAPID-plus trial:

- Have you been diagnosed with mild to moderate Alzheimer's Disease (AD) and have some depressive symptoms?
- Are you a carer for someone with mild to moderate Alzheimer's Disease (AD)?
- Are you fluent in written and spoken English?

If you, or someone you know would be interested in participating, or for more information, please contact:

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